



2 0 2 3 Impact Newsletter

A MESSAGE FROM OUR BOARD

KORIE RICE

HEALTH SCIENCE
SPECIALIST
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I thoroughly believe positively impacting children's lives early on can have the greatest lasting impact throughout their development. When I first came across The Family Place, I had just graduated with my master's in public health. And if I learned anything from my graduate education, it was that our healthcare system so often falls short in treating the root cause of an issue.

The Family Place, however, enables the healthy growth of children and families by tackling these root causes, such as financial strain, social isolation, basic needs, and so much more. They do so through home visits, parent education, early intervention, playgroups, and so many other amazing programs. To me, The Family Place's work is about finding a need and meeting that need head on. I am incredibly proud and feel fortunate to serve on the Board of Directors, alongside dedicated and passionate staff members and volunteers.



June 2, 2024
Saskadena Six Ski Area
South Pomfret, VT

Join our team and support strong, healthy families!

The Family Place needs **your help** to raise funding and awareness of our work at the Covered Bridges Half Marathon.

You can help by:

- Signing up as a runner and raising money
- Donating in support of one of our team members
- Volunteering and cheering on our runners
- Sharing posts about the event on social media

All funds raised by our team will help us provide continuous, comprehensive services for every child and family in our community. For more information, visit familyplacevt.org or scan the QR code below.



The Stevenson Family

Whether in the womb, in backpack carriers, or on little feet, Gemma (3) and Sawyer (1) learned to love hiking from their parents, Julia and Andy. To make hiking, daily living, and other adventures a success, Julia and Andy share that routines are important to set expectations and avoid chaos. “We (try to) eat and sleep at consistent times so we can keep our bodies and minds energized.”

Andy and Julia also seek out **additional resources, like The Family Place.**

“The Family Place gave us reassurance, hope, and relief as parents. They gave us practical strategies that made life easier for everyone in our family.”



When Julia and Andy had concerns about their daughter’s development, they reached out to The Family Place’s Children’s Integrated Services (CIS) program, which includes early intervention services, developmental education, and speech and language support.

“They supported our young daughter to overcome challenges that used to be a source of anxiety for us with methods that were **fun for our daughter, as well as convenient in our busy schedules.** For example, they visited our house even though we live in a rural town.”

The Family Place partners with families to build confidence in parenting skills and learn new tools that can become part of their everyday routine to support children’s healthy growth and development. Julia and Andy are proud of their family’s ability to tackle big adventures with their little ones, including a recent trip to Arizona.

Julia and Andy want other parents and caregivers to know that **The Family Place can help to decrease worries, anxiety, and stress for parents and children.**

“More people should take advantage of them. **Family support resources will help us to build healthier families and more connected communities... but only if we let them.**”

PARENTS & CAREGIVERS SERVED

CHILDREN SERVED

963

1,117

JULY - DECEMBER 2023 IMPACT SNAPSHOT

20

children received Mental
Health services

21

children received Family
Support services

74

children participated in
playgroups

681

children received Child Care Financial
Assistance Program support

138

children received
Early Intervention services

2023 GINGERBREAD FESTIVAL IMPACT

110

gingerbread houses

1,100

gingerbread attendees

\$28,000

gingerbread proceeds



Program Highlights

The **Early Childhood Education Program** at The Family Place provides a lot of outdoor playtime for infants and toddlers to explore their environment and build their motor skills.



Early access to books and literacy is something shared with all families in the **Families Learning Together Program** and the home visiting programs to support brain development and language.

Field trips and **Playgroups** that bring children and their parents/caregivers together help children with language development, social skills, and family connection.



THE FAMILY PLACE

delivers comprehensive programs designed to strengthen positive relationships, teach essential skills and promote enduring healthy growth for families with young children in the Upper Valley and surrounding communities.

STAY CONNECTED!

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Find us on social media @FamilyPlaceVT

