

Where Do Children's Minds Come From? The Relational Roots of Healthy Brains.

Presenter: **Allan Schore, Ph.D.**, Award-winning researcher and Professor, David Geffen School of Medicine, UCLA
Wednesday, May 20th, 1-5pm **WORKSHOP**
Wilder Event Center, 2087 Hartford Ave., Wilder, VT

Allan Schore was the first neuropsychologist to relate brain development to the quality of babies' attachment. His 1994 book, *Affect Regulation and the Origin of the Self*, changed the climate of scientific opinion about the nature of the mind. This workshop will describe how early experience shapes children's brains, how it builds mental capacity to manage feelings and behavior. Workshop participants will learn how they can promote self-regulation in young children and strengthen these functions in troubled older children. The workshop will consist of two 75-minute lectures, each followed by discussion. Bring your questions to this leading expert in brain science. Talk with him about its surprising and hopeful implications. This workshop is designed for childcare directors and staff, and all persons interested in child development (including early interventionists, preschool special educators, home visitors, mental health professionals, and teachers).

This rare opportunity is co-sponsored by the Child Care Project at Dartmouth College, the Early Childhood Mental Health Network of the Upper Valley, and Let's Grow Kids.

Workshop fee is \$40, scholarships available; certificates of attendance will be available.

Promoting Life-Long Health: The Psychological Roots of Physical Well-Being

Presenter: **Allan Schore, Ph.D.**, Award-winning researcher and Professor, David Geffen School of Medicine, UCLA
Wednesday, May 20th, 7:30 – 9pm **PUBLIC LECTURE**
Filene Auditorium, Moore Hall, Dartmouth College, Hanover, NH

In this 45-minute public lecture, Schore will describe how early psychological experience establishes habits of mind, body, and behavior that set the path for life-long health or disease. This lecture is designed for all who care about children's development, from policy makers to parents, and will be followed by a 45-minute discussion. Bring your questions about how brain science applies to our community's children.

This lecture is co-sponsored by the Early Childhood Mental Health Network of the Upper Valley and by Let's Grow Kids.

It is free and open to the public.



Workshop Registration Form

“Where Do Children's Minds Come From? The Relational Roots of Healthy Brains” – May 20, 2014 – 1-5pm

Name _____ Email _____

Agency _____ Phone _____

Address _____

Mail To: Child Care Project - 17 ½ Lebanon St, Suite 2 - Hanover, NH 03755
or call 603-646-3233 for more info.